

"PORTABLE" STATIONS OF THE CROSS

YOU CARRY ABOUT IN YOUR POCKET A "PORTABLE" VERSION OF THE STATIONS OF THE CROSS EVERY DAY... YOUR ROSARY!

IT IS A GOOD IDEA TO PRAY THE SORROWFUL MYSTERIES OF THE ROSARY EVERY DAY DURING LENT [EXCEPT SOLEMNITIES AND FEASTS!]

HERE IS A WAY TO PONDER THE STATIONS OF THE CROSS AS YOU PRAY THE ROSAY.

FIRST, PRAY THE **FIRST THREE SORROWFUL MYSTERIES** IN THE USUAL WAY. THIS WILL LEAVE YOU WITH THE FOURTH SORROWFUL MYSTERY AND THE FIFTH SORROWFUL MYSTERY...

THE FOURTH SORROWFUL MYSTERY: JESUS CARRIES HIS CROSS

THE OUR FATHER

HAIL MARYS

- 1: I. JESUS IS CONDEMNED TO DEATH "WE ADORE THEE O CHRIST..."
 THAT I MAY PATIENTLY ENDURE THE UNJUST JUDGMENTS OF OTHERS
- 2: II. JESUS TAKES UP HIS CROSS "WE ADORE THEE O CHRIST..."

 THAT I MAY ENDURE AND EMBRACE MY CROSSES BRAVELY & JOYFULLY
- 3: III. JESUS FALLS FOR THE FIRST TIME "WE ADORE THEE O CHRIST..."
 THANK YOU MY LORD FOR FORGIVING THE MORTAL SINS OF MY PAST
- 4: **IV. JESUS MEETS HIS MOTHER MARY** "WE ADORE THEE O CHRIST..." THAT I MAY PATIENTLY ENDURE THE SUFFERINGS OF THOSE I LOVE
- 5: V. SIMON HELPS JESUS CARRY HIS CROSS "WE ADORE THEE O CHRIST..."
 THAT I MAY HELP JESUS IN ALL THOSE WHOM GOD SENDS TO ME
- 6: VI. VERONICA WIPES THE FACE OF JESUS "WE ADORE THEE O CHRIST..."
 THAT I MAY ATTEND FAITHFULLY TO THE SUFFERING PERSONS I MEET
- 7: VII. JESUS FALLS FOR THE SECOND TIME "WE ADORE THEE O CHRIST..."
 THAT I MAY OVERCOME MY ATTACHMENT TO HABITUAL VENIAL SINS.
- 8: VIII. JESUS MEETS THE WEEPING WOMEN OF JERUSALEM "WE ADORE THEE..."
 MAY GOD FORGIVE OUR COUNTRY FOR THE SIN OF ABORTION
- 9: **IX. JESUS FALLS FOR THE THIRD TIME** "WE ADORE THEE O CHRIST..." THAT I MAY ENDURE DARKNESS AND DIFFICULTY WITHOUT DESPAIRING
- 10: X. JESUS IS STRIPPED OF HIS GARMENTS "WE ADORE THEE O CHRIST..."
 THAT GOD MAY STRIP FROM ME ALL THINGS WHICH KEEP ME FROM HIM



THE FIFTH SORROWFUL MYSTERY: JESUS IS CRUCIFIED AND DIES ON THE CROSS

THE OUR FATHER

HAIL MARYS

STATION XI: JESUS IS CRUCIFIED

- 1: JESUS' RIGHT HAND NAILED TO THE CROSS
- 2: JESUS' LEFT HAND NAILED TO THE CROSS
- 3: JESUS' FEET NAILED TO THE CROSS

STATION XII: JESUS DIES ON THE CROSS

- 4: "FATHER, FORGIVE THEM...
 ...FOR THEY KNOW NOT WHAT THEY DO."
- 5: "THIS DAY YOU SHALL BE WITH ME IN PARADISE."
- 6: "WOMAN, BEHOLD YOUR SON...
 ...BEHOLD YOUR MOTHER."
- 7: **"I THIRST!"**
- 8: "MY GOD, MY GOD, WHY HAVE YOU ABANDONED ME?"
- 9: "IT IS FINISHED."
- 10: "FATHER, INTO YOUR HANDS I I COMMEND MY SPIRIT."

STATION XIII: THE BODY OF JESUS IS TAKEN DOWN FROM THE CROSS "HAIL HOLY QUEEN, MOTHER OF MERCY, OUR LIFE, OUR SWEETNESS..."

STATION XIV: THE BODY OF JESUS IS LAID IN THE TOMB
O GOD WHOSE ONLY BEGOTTEN SON, BY HIS LIFE, DEATH, & RESURRECTION...

AND FOR OUR HOLY FATHER. POPE FRANCIS

REMEMBER O MOST GRACIOUS VIRGIN MARY
THAT NEVER WAS IT KNOWN THAT ANYONE WHO
FLED TO THY PROTECTION, IMPLORED THY HELP, OR SOUGHT THY
INTERCESSION WAS LEFT UNAIDED.
INSPIRED WITH THIS CONFIDENCE I FLY UNTO THEE
O VIRGIN OF VIRGINS MY MOTHER
TO THEE I COME, BEFORE THEE I STAND
SINFUL AND SORROWFUL
O MOTHER OF THE WORD INCARNATE, DESPISE NOT MY PETITIONS
BUT IN THY MERCY, HEAR AND ANSWER THEM
THROUGH CHRIST OUR LORD, AMEN

